

# Exploring Old Willamette

Enjoy the community while being **active**.



Use the map of the Old Willamette area above or print one out online from our website.

You can choose to walk, run, bike, skateboard, or scooter the entire route.

The goal is to cover this marked course of the Old Willamette area as a way of getting to know the community as well as enjoying the **benefits of outside activity**.

We would love photos of you out and about, so please email your photos to [willee@activeedgewellness.com](mailto:willee@activeedgewellness.com).

**Prizes will be drawn from completed maps...** (please remember to highlight all areas covered.)

Please take a picture of your completed map with your name on it and email it to [willee@activeedgewellness.com](mailto:willee@activeedgewellness.com) by November 8 to be eligible for the drawing.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

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