

I acknowledge and understand that I have been referred for evaluation and treatment of pelvic floor dysfunction. Pelvic floor dysfunctions include, but are not limited to, urinary or fecal incontinence; difficulty with bowel, bladder or sexual functions; painful scars after childbirth or surgery; persistent sacroiliac or low back pain; and pelvic pain conditions.

I understand that to evaluate my condition it may be necessary, initially and periodically, to have my therapist perform an internal pelvic floor muscle examination. This examination is performed by observing and/or palpating the perineal region including the vagina or rectum. This evaluation will assess skin condition, reflexes, muscle tone, length, strength and endurance, scar mobility, and function of the pelvic floor region. Such evaluation may include vaginal or rectal sensors for muscle biofeedback.

Treatment may include, but not be limited to the following: observation, palpation, use of vaginal weights, vaginal or rectal sensors for biofeedback and/or electrical stimulation, ultrasound, heat, cold, stretching and strengthening exercises, soft tissue and/or joint mobilization, and educational instruction.

I understand that in order for therapy to be effective, I must come as scheduled unless there are unusual circumstances that prevent me from attending therapy. I agree to cooperate with and carry out the home program assigned to me. If I have difficulty with any part of my treatment program, I will discuss it with my therapist.

1. The purpose, risks and benefits of this evaluation have been explained to me.
2. I understand that I can terminate any procedure at any time.
3. I understand that I am responsible for immediately telling the examiner if I am having any discomfort or unusual symptoms during the evaluation.
4. I have the option of having a second person present in the room during the examination and have made following choice regarding this option:

Please select your choices and sign below, acknowledging that you have read and agree to the conditions outlined above:

choose refuse date: _____

Patient Name: _____
(please print)

Please check and sign below, acknowledging that you have read and agree to the conditions outlined above

I agree to terms listed and all information provided is accurate. *(check to agree)*

Signature of patient/responsible party

Date

We will ask for your signature at the end when you submit the form and will add it to all docs you agree to.

If there is anything you think we need to know, please include it below:

